

# NEWSLETTER



# The Forest Family

## Awards

1st December 2023

### ALL SAINTS

Class 1: **Delilah** Class 2: **Spencer** Class 3: **Gil** Class 4: **Dylan**

Badges: ★ **Charlie, Ibrahim, Morgan** (Bronze Star)

Headteacher awards: **Oliver, Reggie, Mya, Bonnie, Noah, Andrew, Emilia**

Writer of the Week: **Jack B (C4)**

### NEEDWOOD

Class 1: **Annabel** Class 2: **Sebastian** Class 3: **Bella**

Badges: ★ (Bronze Star) ★ **Grace** (Silver Star)

Headteacher awards: **Francesca, Alexander, Finn**

Writer of the Week: **Martha**

Dear Parents,

Our festive season begins in earnest today with Christingle and Carols at Needwood. Next Friday is the turn of All Saints for their Christingle and Carols. We have many activities planned for December, so please check the dates in the newsletter to make sure you don't miss anything. The children are busy practising their carols, songs and plays and are really looking forward to performing for everyone!

Have a great weekend,

Best wishes,

**Mr Baxter**

## ATTENDANCE

### ALL SAINTS

**CLASS 1 - 98%**

**CLASS 2 - 95%**

**CLASS 3 - 95%**

**CLASS 4 - 98%**

### NEEDWOOD

**CLASS 1 - 97%**

**CLASS 2 - 97%**

**CLASS 3 - 98%**

**WELL DONE CHILDREN!**

## IMPORTANT INFORMATION

### DIARY - ALL SAINTS

|            |   |
|------------|---|
| 1.12.23    | PTA - DRESS DOWN DAY<br>(BRING A RAFFLE PRIZE)  |
| 4.12.23    | RENEW CHURCH TRIP - WORSHIP TEAM  |
| 6.12.23    | ASTON HALL TRIP CLASS 2   |
| 7.12.23    | PTA CHRISTMAS MOVIE NIGHT<br>3.15 - 5.30 PM   |
| 8.12.23    | CHRISTINGLE/CAROLS 9.15 AM  |
| 14.12.23   | CHRISTMAS LUNCH (DATE CHANGE)   |
| 19.12.23   | JTMAT CONCERT   |
| 20.12.23   | CHRISTMAS PERFORMANCES<br>EYFS & KS1<br>10.00 AM MORNING PERFORMANCE<br>2.00 PM AFTERNOON PERFORMANCE |
| 22.12.23   | LAST DAY OF TERM  |
| 8.1.24     | BACK TO SCHOOL  |
| 29/30.1.24 | BIKEABILITY YEARS 4 & 5   |
| 9.2.24     | PANCAKE RACE 2.45 PM  |
| 7.3.24     | WORLD BOOK DAY  |
| 19.3.24    | EASTER SERVICE 9.15 AM  |
| 3.7.24     | SPORTS DAY AM   |
| 18.7.24    | LEAVERS AND FINAL CELEBRATION<br>1.30 PM  |

### DIARY - NEEDWOOD

|          |  |
|----------|--|
| 1.12.23  | CHRISTINGLE/CAROLS 2.00 PM   |
| 4.12.23  | RENEW CHURCH TRIP - WORSHIP TEAM   |
| 6.12.23  | ASTON HALL TRIP YRS 1 & 2  |
| 13.12.23 | CHRISTMAS LUNCH  |
| 18.12.23 | CHRISTMAS PERFORMANCES<br>2.00 PM AFTERNOON PERFORMANCE<br>5.30 PM EVENING PERFORMANCE |
| 19.12.23 | JTMAT CONCERT  |
| 21.12.23 | CHRISTMAS PARTY/CHRISTMAS<br>JUMPER DAY  |
| 22.12.23 | LAST DAY OF TERM   |
| 8.1.24   | BACK TO SCHOOL   |
| 9.2.24   | PANCAKE RACE 9.15 AM   |
| 9.2.24   | SCHOOL DISCO   |
| 7.3.24   | WORLD BOOK DAY   |
| 19.3.24  | EASTER SERVICE 2.30 PM   |
| 4.7.24   | SPORTS DAY AM  |
| 17.7.24  | LEAVERS AND FINAL CELEBRATION<br>1.30 PM   |

### CHRISTINGLE - DONATION LINK

To donate to the Children's Society for Christingle please follow the links below:-

[All Saints Primary School, Burton-on-Trent | The Children's Society \(childrenssociety.org.uk\)](https://www.childrenssociety.org.uk)

[Needwood CE\(VA\) Primary School, Burton-on-Trent | The Children's Society \(childrenssociety.org.uk\)](https://www.childrenssociety.org.uk)





At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**National  
Online  
Safety**

#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2023



Dear Parent/Guardian

**Vision Screening/Eye Tests ARE NOT provided within schools in Staffordshire.**

**We strongly recommend that all children have regular eye tests at an Optician once a year.**

**NHS Eye tests for all children are free at any Opticians.**

It is important that even children with apparently normal vision should be tested. As children can often compensate very well for some eye problems which need to be identified and treated early to avoid lifelong visual loss.

The Eye test checks that your child's vision is developing normally. It is performed at this age so that any reduced vision or difference in vision between each eye can be picked up before the visual system is fully developed and any treatment can be started.

You do not need to do anything, if your child:

Is **currently** under the care of an Eye Specialist (Ophthalmologist / Orthoptist / Optometrist) at a Hospital Eye Clinic.

*Or*

Is **currently** under the care of a local Optometrist (Optician) or had a recent sight test.

**If none of the above applies, please arrange with your local Opticians for your child to have a free NHS Eye Test.**

Yours sincerely,

Orthoptic Department

University Hospitals of Derby and Burton

## VISION SCREENING

## SCHOOL NURSE VIRTUAL DROP IN CLINIC

Families' Health and Wellbeing

**NHS**

Midlands Partnership  
NHS Foundation Trust  
A Keele University Teaching Trust

### School Nurse virtual drop in clinic

Every  
Thursday  
from  
3.30 - 4.30pm



The School Nurse is here to help your child feel healthy, happy and safe during their school years and to get the best from their education. If you have any concerns about their health and wellbeing please drop in to chat.

Join the link and talk to a School Nurse.

We provide a confidential and friendly service

[mpft.live/schoolnurse](https://mpft.live/schoolnurse)



## COMMUNITY



Disclaimer: We are proud to have a newsletter which shares information with you for our parish, village, WI, social club, Rascals and our local communities. We do try to vet all items which go into School information can be provided in different languages, large print, simple text only or Braille. Please speak to Mr Baxter if you have a particular requirement.

