

# NEWSLETTER



# The Forest Family

## Awards

17th March 2023

### ALL SAINTS

Class 1: **Ibrahim** Class 2: **Noah** Class 3: **Billy** Class 4: **Lucy**

Badges: ★ **Idris (Red Star)** ★ **Charlotte R, Oliver S (Bronze Star)** ★ **Oliver N (Silver Star)**

Headteacher awards: **Joseph H**

Writer of the Week: **Poppy**

### NEEDWOOD

Class 1 **Lily K** Class 2: **Jude** Class 3: **Bella**

Badges: ★ **Aisha K (Bronze Star)**

Headteacher awards:

Writer of the Week: **Grace P**

Dear Parents,

Thank you to everyone who has been able to join us this week for Mother's Day lunches and our services today in Church. We understand it is difficult for everyone to attend, but we do appreciate your support. Our next services in Church are for Easter, in two weeks' time.

Thanks to everyone for supporting Comic Relief today also.

We have had a number of illnesses in our schools recently, including chicken pox at All Saints. Please check NHS guidance or call the school office if you are unsure [Chickenpox - NHS \(www.nhs.uk\)](https://www.nhs.uk/child-too-ill-for-school/) [Is my child too ill for school? - NHS \(www.nhs.uk\)](https://www.nhs.uk/child-too-ill-for-school/)

Have a great weekend,

Best wishes,

**Mr Baxter**



### Chickenpox

Chickenpox is a very contagious infection that causes an itchy, spotty rash. Read NHS information about chickenpox symptoms and when to get medical advice.

[www.nhs.uk](https://www.nhs.uk)

## ATTENDANCE

### ALL SAINTS

CLASS 1 - 77%

CLASS 2 - 96%

CLASS 3 - 93%

**CLASS 4 - 100%**

### NEEDWOOD

CLASS 1 - 93%

**CLASS 2 - 96%**

CLASS 3 - 91%

**WELL DONE CHILDREN!**

## IMPORTANT INFORMATION

### DIARY - ALL SAINTS

20.3.23 2.15 pm	MASTERING NUMBER WORKSHOP YEAR 2
31.3.23	EASTER SERVICE 9.15 AM
31.3.23	LAST DAY OF TERM
17.4.23	SUMMER TERM BEGINS
20.4.23	CLASS 3 SWIMMING STARTS
1.5.23	MAY DAY BANK HOLIDAY
8.5.23	BANK HOLIDAY

### DIARY - NEEDWOOD

31.3.23	EASTER SERVICE 2.15 PM
31.3.23	LAST DAY OF TERM
17.4.23	SUMMER TERM BEGINS
1.5.23	MAY DAY BANK HOLIDAY
8.5.23	BANK HOLIDAY

## RARING2GO MAGAZINE

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SPRING 2023



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about GROUP CHATS

### WHAT ARE THE RISKS?

#### BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

#### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

#### INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

#### SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

#### UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

#### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

## Advice for Parents & Carers

#### CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

#### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

#### GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

#### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

#### BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

#### SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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NEW MUSICAL THEATRE CLASS

**BRAND NEW**  
**MUSICAL THEATRE CLASS**

**DANCE | DRAMA | SINGING**

**ABBOTS BROMLEY VILLAGE HALL**  
**EVERY THURSDAY**  
**AGES 4-8 FROM 5-6PM**  
**AGES 9-16 FROM 6-7PM**

**MORE INFORMATION FROM [ANGELINA@SPOTLIGHTACADEMY.CO.UK](mailto:ANGELINA@SPOTLIGHTACADEMY.CO.UK)**

Spotlight Academy

Disclaimer: We are proud to have a newsletter which shares information with you for our parish, village, WI, social club, Rascals and our local communities. We do try to vet all items which go into School information can be provided in different languages, large print, simple text only or Braille.  
Please speak to Mr Baxter if you have a particular requirement.

