

# Week one

04/11 25/11 16/12 20/01 10/02 09/03 30/03

## Monday

Mac 'N' Cheese  
Macaroni baked in a luscious cheesy sauce

*on the side...*  
Carrrots  
Green Beans  
for dessert...  
Chocolate Slice with  
Fruit Slices

Mexican Bean & Potato Wrap with  
Wholegrain Rice  
Stuffed tortilla wrap

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

## Tuesday

Chicken Tikka Masala with Wholegrain Rice  
A classic mild Indian creamy curry

*on the side...*  
Peas, Cauliflower  
& Broccoli  
for dessert...  
Zesty Orange Orange  
Cake with Fruit Slices

Cheese and Tomato Pizza with Potato  
Wedges  
Homemade pizza

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

## Wednesday

Traditional Roast Turkey with Roast  
Potatoes & Gravy

*on the side...*  
Carrots  
Cabbage  
for dessert...  
Shredded Biscuit  
with Fruit Slices

Quorn Roast with Roast Potatoes &  
Gravy

Traditional vegetarian roast

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

## Thursday

Beef Burger with Potato Wedges  
A juicy beef burger in a soft bun

*on the side...*  
Sweetcorn  
Mediterranean  
Vegetables  
for dessert...  
Banana & Berry Pie  
with Custard

Veggie Pizza Hot Dog with Potato  
Wedges

Veggie hot dog covered in pizza sauce

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

## Friday

Salmon Fish Fingers or Cod Filet Fish  
Fingers & Chips

*on the side...*  
Baked Beans  
Peas or Carrots  
for dessert...  
Chocolate & Peach  
Sponge with Fruit  
Slices

A classic fish finger lunch

Quorn Dippers & Chips

Quorn nuggets with chips

Loaded Jacket Potatoes

NEW Packed Lunch Offer Available

# Week two

11/11 02/12 06/01 27/01 24/02 16/03

Spaghetti Bolognese  
Vegetarian spaghetti bolognese topped with  
cheese, then baked

*on the side...*  
Sweetcorn  
Broccoli  
for dessert...  
Pineapple Traybake  
with Fruit Slices

Vegetable Supreme Pizza with Potato  
Wedges

Homemade pizza

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Chicken Pie with Mashed Potato  
Chicken & sweetcorn in a creamy sauce topped  
with shortcrust pastry

*on the side...*  
Peas  
Cauliflower  
for dessert...  
Chocolate Cake with  
Custard & Fruit Slices

Cheesy Potato Bake  
Onion potato & cheesy bake

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Traditional Roast Pork with Roast  
Potatoes & Gravy

*on the side...*  
Roast Parsnips  
Carrots  
for dessert...  
Flagjack with Fruit  
Slices

Submarine Sandwich & Tomato Sauce  
Squash bake with a breadcrumb topping

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

BSO Beef Minceballs  
Meatballs with wholemeal pasta

*on the side...*  
Broccoli  
Sweetcorn  
for dessert...  
Bread & Butter  
Pudding with Custard  
& Fruit Slices

Quorn Balls in Tomato Sauce with  
Wholegrain Rice

Quorn balls with wholegrain rice

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Cod Filet Fish Fingers & Chips  
A classic fish finger lunch

*on the side...*  
Baked Beans  
Peas or Carrots  
for dessert...  
Raspberry Yogurt  
Cake with Fruit Slices

Cheesy Quorn Quiche with Chips

Delicious vegetarian quiche

Loaded Jacket Potatoes

NEW Packed Lunch Offer Available

# Week three

18/11 09/12 13/01 03/02 02/03 23/03

Cheese & Tomato Pizza with Potato  
Wedges

*on the side...*  
Carrots  
Peas  
for dessert...  
Creamy Baked  
Orange & Vanilla Rice  
Pudding with Fruit  
Slices

BSO Quorn Burger with Potato Wedges

Quorn burger served in a bun

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Pork Sausages with Mashed Potato &  
Gravy

*on the side...*  
Sweetcorn  
Green Beans  
for dessert...  
Banana & Cinnamon  
Cake

Quorn Sausages with Mashed Potato &  
Gravy

Quorn sausage and mash

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Traditional Roast Chicken with Roast  
Potatoes & Gravy

*on the side...*  
Cabbage  
Carrots  
for dessert...  
Orange Shredded  
Biscuit with Fruit  
Slices

Spinach Vegetable Quorn with Roast  
Potatoes & Gravy

Vegetables wrapped in puff pastry

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Beef Bolognese  
A classic Italian beef bolognese served with  
wholemeal pasta

*on the side...*  
Broccoli  
Mediterranean  
Vegetables  
for dessert...  
Chocolate &  
Raspberry Swirl Cake  
with Custard & Fruit  
Slices

Quorn Pella  
A Spanish flavoured rice dish with Quorn, beans,  
peas, peppers & tomatoes

Loaded Jacket Potatoes

Exciting NEW Packed Lunch Offer  
Available

Crispy Battered Fish & Chips  
A traditional fish and chips lunch

*on the side...*  
Baked Beans  
Peas or Carrots  
for dessert...  
Chunky Chocolate  
Biscuit with Fruit  
Slices

Baked Bean Omelette & Chips

A baked vegetarian omelette

Loaded Jacket Potatoes

NEW Packed Lunch Offer Available

If your child is  
in Reception,  
Year 1 or Year  
2 then you can  
get your packed  
lunch or hot meal  
free of charge!

**SPEAK TO  
YOUR SCHOOL  
RECEPTION TODAY**

All of our packed  
lunches include  
a healthy snack  
fruit and dessert  
to stop little  
tummies rumbly!

**100% OF OUR  
MILK IS  
SUPPLIED  
BY  
BRITISH  
FARMERS**

**SERVED  
DAILY**  
Jacket potatoes  
with various  
 tasty fillings

**2 OF  
YOUR \$ A DAY  
in every  
hot meal**

**SUGAR  
CRACKDOWN**

**30% less  
sugar  
across all of our  
desserts**